



Sunflower Project Gift Jar

Having trouble figuring out what gifts you can share with the world? Here's a fun idea:

- ◆ Hook up your printer, grab an old pickle jar or other container, and a pair of scissors.
- ◆ Print this sheet and cut out the ideas in the chart below.
- ◆ Fold the cutout pieces of paper and stuff them in the jar.
- ◆ The next time you are stumped for an idea, pull one from the jar.

Make a donation to the food bank.	Money left on a gift card? Give it to the next person in line.	Make a batch of chicken soup for a sick friend.	Call (not text or email) an elderly relative.
Empty your change pocket into a charity collection jar.	Pay someone a genuine compliment.	Shovel a neighbours walk, or mow their lawn.	Pay for the person behind you in the coffee line.
Give your server an extra tip.	Give someone the benefit of the doubt.	Bake a batch of cookies and drop them off at your neighbours.	Promote a friends small business, in person or online!
Your idea:	Your idea:	Your idea:	Your idea: